

PRIX DE LAUSANNE LATIN AMERICAN VIDEO PRESELECTION 2026 PROCEDURE

THERE ARE THREE PHASES OF THE PRESELECTION:

PHASE 1: REGISTRATION

PHASE 2: VIDEO PRESELECTION

PHASE 3: PRIX DE LAUSANNE 2027 REGISTRATION AND MEDICAL RECORD EVALUATION

The Latin American Video Preselection 2026 will be held online. The jury panel will meet from 24 June to 25 June 2026, in Lausanne. The Preselection is open to all dancers born between 7 February 2008 and 6 February 2012, from and residing in Latin America. Please consult the list of eligible countries on our website. All dancers must apply by video submission.

PHASE 1: REGISTRATION

1. Registration deadlines

Registration is open from 15 May to 15 June 2026, via our online registration form. **We do not accept paper copies of any documents. The form must be written in English.**

In addition to the registration form, each applicant **must submit a digital video recording** of himself/herself performing class work and a contemporary enchainment or variation in a studio environment **by 15 June 2026** (only one applicant per video file). Please note that we may ask you to modify your video if it does not meet the requirements. The earlier you upload your video the more time you have for corrections.

You will only receive a confirmation of your registration once you have completed the form and submitted your video all with meeting the requirements. Please check your emails and spam inbox regularly.

Please register and upload your video on the Prix de Lausanne website:

<https://www.prixdelausanne.org/latin-american-preselection/>

Each participant will receive an answer with the **results by 30 June 2026 at the latest.**

2. Video file format

The video file must contain all the elements mentioned below. The selection panel reserves the right to exclude an applicant whose video file content does not comply. Only video files are accepted (no links to a website will be accepted). If you are unable to upload via the online form, send the file with your full name as the title, using [SwissTransfer.com](https://www.swisstransfer.com) to registration@prixdelausanne.org.

- **File Name:** The video file name must include your full name in the following format:
“**LAST NAME First name**”
(e.g., SMITH Jane)
- **Anonymity Requirements:**
 - Do **not** include your name, school name, age, or any identifying information in the video footage.
 - **No text** of any kind (e.g., exercise names, greetings, etc.) should appear on the video.
 - The **school's name or logo** must not appear.
 - The background should be **neutral** – no posters, logos, or school branding.
- **Video Quality:**
 - Ensure high-quality image and sound.
 - Use a **tripod** and a **fixed camera** that can follow movements but must **not zoom**.
 - The **full body** must be visible at all times.
 - The camera angle should highlight the dancer's strengths (see examples on website):



- **Barre:** film on the diagonal
 - **Centre:** film from the front
 - Film in **landscape mode**, ideally in **HD MPEG-4** format.
 - Avoid filming **in front of windows** during daylight hours.
 - Ensure the **studio is fully lit**.
- **Audio:**
 - All exercises must be performed with music.
 - Music must be **recorded live** with the video—do not edit or add music afterward.
 - **No teacher's voice** should be heard.
- **Filming Instructions:**
 - Film must be done in **one sitting**—no editing or stitching clips from different days.
 - Video must **not exceed 250 MB**. Use free compression tools like **MPEG Streamclip** if needed.

3. Video file contents

The video file must be maximum **15 minutes in duration** to provide adequate evidence of the applicant's artistic, musical, and technical capabilities. It must show the full body throughout and **must** include the three following sequences. The selection panel reserves the right to exclude an applicant whose video file content does not comply. Please remember that dance is a form of expression, not just technique.

3.1. Barre Work (Max 5 minutes / 1/3 of total video)

- Show **one side only** for all barre exercises.
- Start with a **barefoot warm-up** (wearing tights), facing away from the barre, in **first position** to show the foot structure.
- Include the following in **soft ballet shoes**:
 - Pliés
 - Tendus
 - Adagio (including battements lents and/or développés)
 - Grands battements

3.2. Centre Practice

- In **soft ballet shoes**:
 - Pirouettes (en-dehors and en-dedans)
 - Adagio
 - Allegro combinations:
 - Small jumps and beats
 - Medium allegro: assemblés, jetés, sissonnes, etc.
- Additional requirements:
 - **Male applicants**: include **tours en l'air** (both sides)
 - **Female applicants** (on pointe): include
 - Warm-up: échappés retirés
 - Double pirouettes (en-dehors and en-dedans)
- **Grand Allegro (32 to 64 bars of music)**:
 - **Female applicants** (on pointe): include turning steps in a diagonal.
 - **Male applicants**: include cabrioles, entrechats six, and doubles tours en l'air.

3.3. Contemporary Enchaînement/Variation

- Maximum **2 minutes**.
- Must include music.
- Must not be a variation from Prix de Lausanne's official repertoire.
- Show movement beyond classical ballet.
- **No props**.
- No excerpts from live performances.
- **Mandatory** – the video will not be accepted without this contemporary enchaînement.



4. Clothing for the video selection

The dancer's clothing must contrast with the background. For example, no white leotard should be worn if filmed against a white background or a black leotard against a black background. No accessories or jewellery will be allowed.

4.1. Barre and Centre Practice

- **Male applicants:**
 - Dark tights and a fitted, plain t-shirt (any colour)
 - **No:** cut-off tights, leg warmers, or loose shirts
- **Female applicants:**
 - Skin-coloured tights and a plain, sleeveless leotard (any solid colour; no patterns)
 - **No:** skirts, tutus, leg warmers, or loose shirts

4.2. Contemporary Variation

- **Both male and female applicants:**
 - Barefoot, socks, or “Nu-pieds”
 - **No:** skirts, baggy clothes, tracksuits, leg warmers, or loose shirts
 - **No props allowed**

PHASE 2: VIDEO PRESELECTION

The preselection panel will meet from 24 June to 25 June 2026, in Lausanne. They will choose 30 finalists. The results will be announced on 30 June 2026, at the latest. The preselection panel's decisions will be final.

1. Preselected candidates

Up to four finalists will be preselected and invited to the Prix de Lausanne 2027 with all expenses paid (see conditions in Phase 3).

2. Finalists

The other finalists who are not preselected will be able to register for the Prix de Lausanne 2027 video selection round, held end of October 2026, free of charge.

3. Non-finalists

Non-finalists can also register for the Prix de Lausanne Video Selection round. They will have to pay the registration fee.

PHASE 3: PRIX DE LAUSANNE 2027 REGISTRATION AND MEDICAL RECORD EVALUATION

1. Preselected candidates and finalists of the Latin American Video Preselection 2026

At the end of the Latin American Video Preselection, preselected candidates and finalists must fill in the 1st registration form of the **Prix de Lausanne 2027 Video Selection** and fill in their medical form by 30 September at the latest.

Preselected candidates of the Latin American Video Preselection 2026 do not need to pay any registration fees of the main registration process of the Prix de Lausanne 2027.

Finalists of the Latin American Video Preselection 2026 do not need to pay the 1st registration fee of the main registration process of the Prix de Lausanne 2027. They must submit their video online before 10 October 2026. Their video will be shown to the jury panel of the Prix de Lausanne Video Selection that will be end of October 2026.



2. Non-finalists of the Latin American Video Preselection 2026

Non-finalists of the Latin American Preselection 2026 are encouraged to register as well for the main registration process of the Prix de Lausanne 2027 by 30 September 2026 at the latest. See website for more details (https://www.prixdelausanne.org/practical_information/).

To participate, they must register normally and pay the registration fee of **175 (one hundred and seventy-five) Swiss Francs**, non-refundable, online **before 30 September 2026**. Payment must be made by **credit card** on the Prix de Lausanne's website.

Latin American Preselection finalists and non-finalists who are eventually selected during the Prix de Lausanne Video Selection round to participate in the competition in Lausanne will have to pay an additional **200 (two hundred) Swiss Francs**, non-refundable. This amount must be paid online by credit card **before 13 November 2026**.

3. Financial support

All dancers can apply for financial support for the Prix de Lausanne 2027, see website for more details: https://www.prixdelausanne.org/practical_information/.

4. Prix de Lausanne Health Policy

In case of any doubt regarding the general health or physical condition of an applicant before the video selection, the Prix de Lausanne has the authority to decide if the applicant can take part in the video selection and the competition or not.

This document is an integral part of the Rules and Regulations.