

PRIX DE LAUSANNE LATIN AMERICAN PRESELECTION 2025 PROCEDURE

THERE ARE THREE PHASES OF THE PRESELECTION:

PHASE 1: REGISTRATION & VIDEO SELECTION

PHASE 2: PRESELECTION IN RIO DE JANEIRO

PHASE 3: PRIX DE LAUSANNE 2026 REGISTRATION AND MEDICAL RECORD EVALUATION

The Latin American Preselection 2025 will be held in Rio de Janeiro on 25 and 26 September 2025. The Preselection is open to all dancers born between 8 February 2007, and 7 February 2011, from and residing in Latin America. Please consult the list of eligible countries on our website. All dancers must apply by video submission.

PHASE 1: REGISTRATION

1. Registration deadlines

Registration is open from 15 May to 15 June 2025, via our online registration form. **We do not accept paper copies of any documents. The form must be written in English.**

In addition to the registration form, each applicant **must submit a digital video by 15 June 2025**, (only one applicant per video file) recording of himself/herself performing class work and a contemporary enchainment or variation in a studio environment. Please note that we may ask you to modify your video if it does not meet the requirements. The earlier you upload your video the more time you have for corrections.

You will only receive a confirmation of your registration once you have completed the form and submitted your video all with meeting the requirements. Please check your emails and spam inbox regularly.

Please register and upload your video on the Prix de Lausanne website:

<https://www.prixdelausanne.org/latin-american-preselection/>

Each participant will receive an answer with the **results by 26 June 2025 at the latest.**

2. Video file format

The video file must contain all the elements mentioned below. The selection panel reserves the right to exclude an applicant whose video file content does not apply.

Format

- Only video files will be accepted. If you cannot upload a video file, please send the file via swisstransfer.com to registration@prixdelausanne.org.
- The video file name must include the applicant's full name as follow: Last name in Capital letters and first name in lower case letters: "LAST NAME First name".
- The applicant's name, school name, age, etc. should **not** appear on the actual film footage as the selection panel will evaluate the applicants anonymously.
- **No text (name of exercise, greeting messages, etc.) should appear in the video at any time.**
- The school's name should **not** appear in the video.
- The background should be as neutral as possible without any logos, name of school, posters, etc.
- The quality of image and sound must be checked prior to uploading.
- The use of a tripod is strongly recommended to ensure a stable image. A fixed camera must be used which can follow the dancer's movements but must not zoom in or out. The full body must be always visible.



- **The camera must be positioned at an angle that shows the dancer at his/her best. It is recommended to film the barre in a diagonal and the centre from the front. Please see the examples on the website.**
- It is required to film in **landscape mode** for a **full/wide screen** image, in a HD MPEG-4 format if possible.
- Filming the dancer in front of a window during daytime hours must be avoided.
- Lights in the studio must be turned on fully.
- All exercises must be danced with music.
- The sound **must not be recorded separately** and edited into the video.
- No teacher's voice should be heard during the recording.
- Filming must be achieved in one sitting and not over several days/weeks. **Editing of the video is not authorised.**
- **The video file should not exceed 250 MB. As we require high quality images, you may use an online free compressor like "mpeg stream clip" to compress your video.**

3. Video file contents

The video file must be maximum **15 minutes in duration** to provide adequate evidence of the applicant's artistic, musical, and technical capabilities. It must show the full body throughout and **must** include the three following sequences. The selection panel reserves the right to exclude an applicant whose video file content does not comply. Please remember that dance is a form of expression, not just technique.

3.1. Barre work, not more than **five** minutes in length in total.

- **One side only** (the same side for all the barre work)
- This section should start with warm-up, barefoot with tights, in first position, with the applicant's **back to the barre** to highlight the structure of the feet (please see the example on the website).
- In addition to the warm-up, please show a barre consisting of pliés, tendus, adagio (including battements lents and/or développés), grands battements danced in soft shoes by male and female applicants.

3.2. Centre practice

- Pirouette combination with pirouettes en-dehors and en-dedans (soft ballet shoes)
- Adagio (soft ballet shoes)
- Allegro combinations:
 - Small jumps and beats (soft ballet shoes)
 - Medium size allegro, including assemblés, jetés, sissonnes, etc. (soft ballet shoes)
 - Tours en l'air right and left (male applicants only)
- Pointe work (female applicants only), including warm-up échappés retirés, double pirouettes en-dehors and en-dedans
- Grand allegro – The running time of the enchainement should be 32 to maximum 64 bars (measures) length of music:
 - Female applicants must wear pointe shoes and must include a diagonal of turning steps within the enchainement.
 - Male applicants' enchainement must show cabrioles, entrechats six and double tours en l'air within the enchainement.

3.3. Contemporary enchainement or variation

- Up to two minutes in length with music (**not** one of the contemporary variations of Prix de Lausanne competition) to show how the dancer moves within a vocabulary other than ballet.
- No props will be allowed.
- Without this enchainement or variation the video file will not be considered.
- Excerpts of live performances will **not** be accepted.



4. Clothing for the video selection

The dancer's clothing must contrast with the background. For example, no white leotard should be worn if filmed against a white background or a black leotard against a black background. No accessories or jewellery will be allowed.

4.1. Barre work and centre practice

- Male applicants: dark tights and a fitted plain t-shirt (any colour)
 - no cut-off tights, leg warmers or loose T-shirts
- Female applicants: skin-coloured tights and a sleeveless plain leotard (any colour, with no patterns)
 - no skirts, practice tutu, leg warmers or loose T-shirts

4.2. Contemporary enchainement or variation

- Male and female applicants: barefoot, socks or in "Nu-pieds" (to protect the sole of the feet).
 - no skirts, tracksuit trousers, baggy clothing, leg warmers or loose T-shirts
- No props are allowed.

5. Video selection and second registration

The video selection panel will meet on 23 June 2025, in Lausanne. The results will be announced on 26 June 2025, at the latest. The video selection panel's decisions will be final.

Selected dancers will be required to complete a second registration form from 18 to 28 August 2025. In this form, they will be asked to select their choice of classical variation and submit their contemporary variation with its audio file. Their participation in the Preselection is only confirmed upon reception of this second registration form.

PHASE 2: PRESELECTION IN RIO DE JANEIRO

Selected participants must be in Rio de Janeiro when the event starts on Thursday, 25 September 2025, at 8 am.

Address:

Theatro Municipal do Rio de Janeiro*
Praça Floriano, S/N - Centro, Rio de Janeiro - RJ, 20031-050, Brazil

**Please do not directly call the theatre for any inquiries regarding the Latin American Preselection 2025.*

1. Insurance

It is the selected dancer's responsibility to have proper insurance against accidents, illness, and theft.

2. Schedule (subject to change)

A final version of the schedule will be sent to you at the latest 2 weeks before the event.

Thursday, 25 September 2025

08:00 am Registration, number, and dressing room assignment

Times to be confirmed:

- Classical class – JUNIORS – on stage – Jury present
- Classical class – SENIORS – on stage – Jury present
- Run-through of classical variations – JUNIORS – on stage – no jury



- Contemporary class – SENIORS – on stage – Jury present
- Contemporary class – JUNIORS on stage – Jury present
- Run-through of classical variations – SENIORS – on stage – no jury
- Run-through of contemporary variations – JUNIORS – on stage – no jury
- Run-through of contemporary variations – SENIORS – on stage – no jury

The day should finish around 08:30 pm.

Friday, 26 October 2025

09:00 – 09:55 Warm-up on stage – ALL

Times to be confirmed:

- Classical and contemporary variations – ALL – on stage – Jury present
- Announcement of the 10 finalists (all participants on stage)
- Finals – on stage
- Announcement of the preselected candidates (all finalists on stage)

The day should finish around 6:00 pm.

3. Clothing - Ballet classes and variations

Female participants

- Sleeveless leotard (solid colour and no patterns) and skin-coloured tights, canvas ballet slippers, and pointe shoes (with ribbons). No jewellery or hair decoration.
- A rehearsal tutu or skirt can be worn for rehearsals and variations.
- Numbers are to be worn on the front and the back of the body.

For the variations on Friday 26 September: with rehearsal tutu or skirt, hair, and light stage makeup

Male participants

- Plain tight-fitting black or white T-shirt or leotard and black tights, with white socks and white canvas ballet slippers.
- Numbers are to be worn on the front and the back of the body.

For the variations on Friday 26 September: hair and makeup

4. Clothing - Contemporary dance classes and variations

Female participants

- Full length black footless tights, leotard, and socks for the class. Lyrical half soles (to protect the soles of the feet) are optional but not required. Socks or bare feet are preferable.
- Hairstyle: Chignon or ponytail. No jewellery or hair decorations.
- Skirts that are necessary for the choreography of the contemporary solos will be allowed for rehearsals and variations.
- Numbers are to be worn on the front and the back of the body.

For the variations on Friday 26 September: with costume, hair, and makeup



Male participants

- Full length black footless tights, plain tight-fitting T-shirt. Lyrical half soles (to protect the soles of the feet) are optional but not required. Socks or bare feet are preferable.
- Numbers are to be worn on the front and the back of the body.

For the variations on Friday 26 September: with costume, hair, and makeup

5. Variations

Participants prepare two solos:

A. Classical variation (different variations for different age groups)

Participants will be sorted into two age groups: **Junior participants**, born between 8 February 2009 and 7 February 2011, and **Senior participants**, born between 8 February 2007 and 7 February 2009. There is a different choice of variations depending on the participant's age group.

Participants are required to prepare one official Prix de Lausanne classical variations (see list and audio files on website), selecting the version of their choice. To ensure technical and stylistic appropriateness, participants are encouraged to select a version performed by an internationally recognized ballet company.

The official music files for the classical variations must be downloaded on the Prix de Lausanne website. Important: please do not work on an edited audio file nor change the timing. Only the official Prix de Lausanne audio file will be used during the Preselection.

Selected participants for the Latin American Preselection 2025 will be asked to submit their choice of classical variation by 28 August 2025, via the 2nd registration form.

B. Contemporary variation

The contemporary variation will be a solo of the participant's choice (not one of the official contemporary variations done in the Prix de Lausanne) and it should be approximately between one and maximum two minutes long.

Selected participants for the Latin American Preselection 2025 must submit their choice of music file for their contemporary variation by 28 August 2025, via the 2nd registration form.

6. Preselected candidates & Finalists

Preselected candidates

Up to four finalists will be preselected and invited to the Prix de Lausanne 2026 free of charge (see conditions in Phase 3) in the Latin American Preselection 2025 in Rio de Janeiro.

Finalists

The 6 finalists who are not preselected will be able to register for the Prix de Lausanne 2026 video selection round, held end of October 2025, free of charge.

To participate they must register before 30 September 2025 and submit their video online before 10 October 2025.

Their video will be shown to the jury panel of the Prix de Lausanne Video Selection that will be held from 23 October to 26 October 2025.



Non-finalists

Participants of the Latin American Video Preselection who are not finalists can register for the Prix de Lausanne Video Selection round.

To participate, they must register normally and pay the registration fee of **175 (one hundred and seventy-five) Swiss Francs**, non-refundable, online **before 30 September 2025**. Payment must be made by **credit card** on the Prix de Lausanne's website.

Latin American Preselection finalists and non-finalists who are eventually selected during the Prix de Lausanne Video Selection round to participate in the competition in Lausanne will have to pay an additional **200 (two hundred) Swiss Francs**, non-refundable. This amount must be paid online by credit card **before 14 November 2025**.

Financial support can be provided to candidates who may need it (for more information, check the Prix de Lausanne 2026 Rules and Regulation document which will be uploaded on our website).

PHASE 3: PRIX DE LAUSANNE 2026 REGISTRATION AND MEDICAL RECORD EVALUATION

Preselected candidates and finalists of the Latin American Preselection 2025

At the end of the Latin American Preselection, preselected candidates and finalists must fill in the 1st registration form of the **Prix de Lausanne 2026 Video Selection** and fill in their medical form by 30 September at the latest.

Finalists of the Latin American Preselection 2025 do not need to pay the 1st registration fee of the main registration process of the Prix de Lausanne 2026.

Preselected candidates of the Latin American Preselection 2025 do not need to pay any registration fees of the main registration process of the Prix de Lausanne 2026.

Non-finalists of the Latin American Preselection 2025

Non-finalists of the Latin American Preselection 2025 are encouraged to register as well for the main registration process of the Prix de Lausanne 2026 by 30 September 2025 at the latest. See website for more details (www.prixdelausanne.org/candidates-info/).

To participate, they must register normally and pay the registration fee of **175 (one hundred and seventy-five) Swiss Francs**, non-refundable, online **before 30 September 2025**. Payment must be made by **credit card** on the Prix de Lausanne's website.

Financial support

All dancers can apply for financial support for the Prix de Lausanne 2026, see website for more details: <https://www.prixdelausanne.org/candidates-info/>

Prix de Lausanne Health Policy

In case of any doubt regarding the general health or physical condition of an applicant before the video selection, the Prix de Lausanne has the authority to decide if the applicant can take part in the video selection and the competition or not.

This document is an integral part of the Rules and Regulations.