

# SUMMER INTENSIVE EUROPEAN PRESELECTION PROCEDURE

THERE ARE TWO PHASES TO THE SUMMER INTENSIVE EUROPEAN PRESELECTION:

**PHASE ONE: REGISTRATION FOR VIDEO SELECTION**

**PHASE TWO: IN LAUSANNE, SUMMER INTENSIVE WEEK INCLUDING THEMATIC WORKSHOPS**

## **PHASE ONE – REGISTRATION FOR VIDEO SELECTION**

Each applicant must register online ([www.prixdelausanne.org](http://www.prixdelausanne.org)) by filling the registration form and pay the 1<sup>st</sup> registration fee **before April 15<sup>th</sup>, 2023**, as well as submit a digital video recording of himself/herself (only one candidate per video file) **before April 25<sup>th</sup>, 2023**. Registration opens on March 1<sup>st</sup>, 2023.

The video file must contain all the elements mentioned below filmed in a studio environment. The selection panel reserves the right to exclude a candidate whose video file content does not comply.

### **1. Format**

- Only video files will be accepted. If you cannot upload a video file, please contact [registration@prixdelausanne.org](mailto:registration@prixdelausanne.org)
- The video file name must include the candidate's full name as follow: Last name in Capital letters and first name in lower case letters: "LAST NAME First name"
- The candidate's name should not appear on the actual film footage as the selection panel will evaluate the candidates anonymously
- The school's name should **not** appear in the video
- The background should be as neutral as possible without any logos, name of school, posters, etc.
- The quality of image and sound must be checked prior to uploading.
- The use of a tripod is strongly recommended to ensure a stable image. A fixed camera must be used which can follow the dancer's movements but **must not zoom in or out**. The full body must be visible at all times.
- **The camera must be positioned at an angle that shows the dancer at his/her best. It is recommended to film the barre in a diagonal and the centre from the front.** Please see the examples on the website.
- It is required to film in **landscape mode** for a **full/wide screen** image, in a HD MPEG-4 format if possible.
- Filming the dancer in front of a window during daytime hours must be avoided.
- Lights in the studio must be turned on fully.
- The sound **must not be recorded separately** and edited into the video.
- No teacher's voice should be heard during the recording.
- Filming must be achieved in one sitting and not over several days/weeks. **Editing of the video is not authorised.**
- **The video file should not exceed 250 MB. As we require high quality images, you may use a online free compressor like "mpeg streamclip" to compress your video.**

### **2. Video file contents**

The video file must be about **15 minutes in duration** in order to provide adequate evidence of the applicant's artistic, musical and technical capabilities. It must show the full body throughout and **must** include the three following sequences. Please remember that dance is a form of expression, not just technique.



## 2.1. Barre work, not more than five minutes in length in total.

**One side only** (the same side for all the barre work)

This section should start with warm up, barefoot with tights, in first position, with the candidate's **back to the barre** to highlight the structure of the feet (please see the example on the website).

In addition to the warmup, please show a barre consisting of pliés, tendus, adagio (including battements lents and/or développés), grands battements danced in soft shoes by male and female applicants.

## 2.2. Centre practice

- Pirouette combination with pirouettes en-dehors and en-dedans (soft ballet shoes)
- Adagio (soft ballet shoes)
- Allegro combinations:
  - Small jumps and beats (soft ballet shoes)
  - Medium size allegro, including assemblés, jetés, sissonnes, etc. (soft ballet shoes)
  - Tours en l'air right and left (male candidates only)
- Pointe work (female candidates only):
  - Warm up échappés retirés, double pirouettes en-dehors and en-dedans on pointe
- Grand allegro – The running time of the enchainement should be 32 to maximum 64 bars (measures) length of music:
  - Female candidates must wear pointe shoes and must include a diagonal of turning steps within the enchainement.
  - Male candidates' enchainement must show cabrioles, entrechats six and double tours en l'air within the enchainement.

## 2.3. Contemporary enchainement or variation up to two minutes in length (**not** one of the contemporary variations of Prix de Lausanne competition) to show how the dancer moves within a vocabulary other than ballet. No props are allowed.

Without this enchainement or variation the video file will not be considered.  
Excerpts of live performances will **not** be accepted.

## 3. Clothing for the video selection

The dancer's clothing must contrast with the background. For example, no white leotard should be worn if filmed against a white background or a black leotard against a black background.

### 3.1 Barre work and centre practice

Male candidates: dark tights and a fitted plain t-shirt (any colour)

– **no** cut off tights, leg warmers or loose T-shirts

Female candidates: white, pink or skin-coloured tights and a sleeveless plain leotard (any colour, with no patterns)

– **no** skirts, practice tutu, leg warmers or loose T-shirts

### 3.2 Contemporary enchainement or variation

Male and female candidates: barefoot, soft ballet slippers or in "Nu-pieds" (to protect the sole of the feet)

## 4. Registration deadlines

The entry documents and the first payment of the registration fee of 150.- (one hundred and fifty) Swiss Francs **must be received** by the Prix de Lausanne before **April 15<sup>th</sup>, 2023**.



The video file **must be received** by the Prix de Lausanne before **April 25<sup>th</sup>, 2023.**

Any candidate whose entry documents or video file are received after these dates will not be considered.

**Selected applicants will be notified of the video selection results by May 10<sup>th</sup>, 2023.** The selection panel will choose **up to sixty** candidates from the video applicants. **The participants will be divided into two groups based on their level: the “Summer Intensive” group and the “European Selection” group.**

Candidates selected to participate will have to pay the second payment for the participation fee of 200.- (two hundred) Swiss Francs before **May 31<sup>st</sup>, 2023.**

They will come to Lausanne to participate in the Summer Intensive European Preselection **from Thursday, July 6<sup>th</sup>, to Tuesday, July 11<sup>th</sup>, 2023.**

## **PHASE TWO – SUMMER INTENSIVE WEEK**

Participants must be ready for the beginning of the Summer Intensive week in Lausanne, on **Thursday, July 6<sup>th</sup>, 2023**, in the morning. Exact times, addresses and schedules will be communicated after the video selection.

### **1. Course of the week**

Candidates will be divided into two groups\*.

1. **One group “Summer Intensive”** composed of participants with an intermediate level. This group will not be judged by the Jury during the week and **are not eligible** for the Preselection for the Prix de Lausanne 2024.
2. **One group “European Preselection”** composed of participants with an advanced level. Candidates of this group will be judged by the Jury during the week and may be preselected to the Prix de Lausanne 2024.

\*The group distribution will be based on the video submitted during the registration. Candidates will be informed on which group they are in when they receive the results of the video selection, on May 10<sup>th</sup>, 2023.

#### **Thursday to Monday**

All participants take ballet and contemporary classes and coaching sessions.

The Jury will observe and then mark the candidates of the group “European Preselection”.

#### **Tuesday**

All participants present their variation in front of the Jury and the public of the Summer Intensive week.

At the end of the week, the jury will deliberate over the results of the “European Preselection” participants of the entire six days. A maximum of 4 candidates will be selected to take part in the Prix de Lausanne 2024 competition.

### **2. Classes, coaching sessions, thematic workshops**

During the Summer Intensive all candidates will be provided with

- ballet classes



- contemporary classes
- coaching for classical variation
- coaching on contemporary repertoire
- thematic workshop to engage a dialogue between participants, professional teachers, and coaches.

### 3. Clothing during the Summer Intensive in Lausanne

#### 3.3 Ballet classes and coaching sessions:

**Female candidates:** sleeveless leotard and pink or skin-coloured tights, soft-shoes and pointe shoes (with ribbons). No jewellery or hair decoration. Rehearsal tutus will be allowed for classical coaching.

**Male candidates:** plain tight-fitting white or black T-shirt or white leotard and black tights, with white socks and white soft-shoes.

#### 3.4 Contemporary dance classes and coaching sessions:

**Female candidates: Full length black footless tights**, leotard. Socks or “Nu-pieds” (to protect the soles of the feet) are required. **Hairstyle:** Chignon or ponytail. No jewellery or hair decorations.

**Male candidates: Full length black footless tights**, plain tight-fitting T-shirt. Socks or “Nu-pieds” (to protect the soles of the feet) are required.

***This document is an integral part of the Rules and Regulations***