

# SUMMER INTENSIVE PROCEDURE

THERE ARE TWO PHASES TO THE SUMMER INTENSIVE EUROPEAN PRESELECTION:

Phase one: Registration for Video Selection

Phases two in Lausanne: Summer Intensive Week including Thematic Workshops

## PHASE ONE - REGISTRATION FOR VIDEO SELECTION

Each applicant must register online (www.prixdelausanne.org) by filling in the registration form and must submit a digital video (only one candidate per video file) recording of himself/herself before March 15<sup>th</sup>, 2019. The registration will be open on January 15<sup>th</sup>, 2019.

The video file must contain all the elements mentioned below filmed in a studio environment. The selection panel reserves the right to exclude a candidate whose video file content does not comply.

#### 1. Format

- Only video files will be accepted. If you cannot upload a video file, please contact registration@prixdelausanne.org
- The video file name must include the candidate's full name as follow: Last name in Capital letters and first name in lower case letters: "LAST NAME First name"
- The candidate's name should not appear on the actual film footage as the selection panel will evaluate the candidates anonymously
- The quality of image and sound must be checked prior to uploading.
- The use of a tripod is strongly recommended to ensure a stable image.
- The camera must be positioned at an angle that shows the dancer at his/her best. It is recommended to film the barre in a diagonal and the centre from the front.
- The sound must not be recorded separately and edited into the video.
- No teacher's voice should be heard during the recording.
- Filming the dancer in front of a window during daytime hours must be avoided.
- Lights in the studio must be turned on fully.
- Filming must be achieved in one sitting and not over several days/weeks.

#### 2. Video file contents

The video file must be about 10-15 minutes in duration in order to provide adequate evidence of the applicant's artistic, musical and technical capabilities. It must show the full body throughout and must include the following sequences, with no introduction or fancy editing. Please remember that dance is a form of expression, not just technique.

2.1. A short classical variation drawn from the standard repertoire, danced in pointe shoes by female applicants.



- 2.2. A short contemporary variation that could consist of something drawn from repertoire, phrases from classwork or an applicant-created work up to two minutes in length. It illustrates the applicant's command of range of movement different from that demonstrated in the classical variation and show how the dancer moves within a vocabulary other than ballet.
- 2.3. Barre work, three to five minutes in length, incorporating both sides and danced in soft shoes by male and point shoes by female applicants [pliés, tendus, adagio (including battements lents and/or developpés), grands battements]
- 2.4. Centre practice, including adagio, pirouettes, petit and grand allegro and danced in pointe shoes by female applicants.

Without these exercises or variation the video file will not be considered.

Excerpts of live performances will not be accepted.

## 3. Clothing for the video selection

The dancer's clothing must contrast with the background. For example, no white leotard should be worn if filmed against a white background or a black leotard against a black background.

#### 3.1 Contemporary variation

Male and female candidates: barefoot, soft ballet slippers or in "Nu-pieds" (to protect the sole of the feet)

3.2 Barre work and center practice as well as classical variation

Male candidates: dark tights and a fitted plain t-shirt (any colour)

- no cut off tights, leg warmers or loose T-shirts

Female candidates: white or pink tights and a sleeveless plain leotard (any colour)

- no skirts, practice tutu, leg warmers or loose T-shirts

# 4. Registration deadlines

The entry documents and the payment of the registration fee of 350.- (three hundred and fifty) Swiss Francs must be received by the Prix de Lausanne before March 15<sup>th</sup>, 2019.

The video file must be received by the Prix de Lausanne before March 15th, 2019.

Any candidate whose entry documents or video file are received after these dates will not be considered.

The selection panel will choose up to sixty candidates from the video applicants. The selection panel's decisions will be final. Selected applicants will be notified of the video selection results by March 27<sup>th</sup>, 2019. They will come to Lausanne to participate in the Summer Intensive European Preselection from Monday July 8<sup>th</sup> to Saturday July 15<sup>th</sup>, 2019.



### PHASE TWO - SUMMER INTENSIVE WEEK

Participants must arrive in Lausanne, on Monday July 8<sup>th</sup>, 2019 in the morning. Exact time and address will be communicated after the video selection.

### 1. Presentation to the competition jury over six days

Candidates will be divided into 4 groups, according to age and gender.

Junior candidates: born between February 9th, 2003 and February 8th, 2005

Senior candidates: born between February 8th, 2001 and February 8th, 2003

#### Monday to Saturday

The Jury will observe and then mark the candidates in ballet and contemporary classes and coaching sessions.

#### Friday

At the conclusion the jury will deliberate over the results of the entire six days. A maximum of 4 candidates will be selected to take part in the Prix de Lausanne 2020 competition.

### 2. Classes, coaching sessions, thematic workshops

During the Summer Intensive all candidates will be provided with

- ballet classes
- contemporary classes
- coaching for both classical and contemporary
- thematic workshop to engage a dialogue between participants, professional teachers and choreographers to discuss important subjects such as: How to plan for a professional international competition today? What does life in a company mean? How to plan for professional career? Health and nutrition as a dancer.



### 3. Clothing during the Summer Intensive in Lausanne

#### 3.3 Ballet classes and coaching sessions:

Female candidates: sleeveless leotard and pink tights, soft-shoes and pointe shoes (with ribbons) (no jewellery or hair decoration). Rehearsal tutus will be allowed for classical coaching.

Male candidates: plain tight-fitting white or black T-shirt or white leotard and black tights, with white socks and white soft-shoes.

#### 3.4 Contemporary dance classes and coaching sessions:

Female candidates: Full length black footless tights, leotard. Socks or "Nu-pieds" (to protect the soles of the feet) are required. Hairstyle: Chignon or pony tail. No jewellery or hair decorations.

Male candidates: Full length black footless tights, plain tight-fitting T-shirt. Socks or "Nu-pieds" (to protect the soles of the feet) are required.

This document is an integral part of the Rules and Regulations