

## COMPETITION PROCEDURE

THERE ARE **FOUR** PHASES TO THE COMPETITION:

**PHASE ONE: MEDICAL RECORD EVALUATION**

**PHASE TWO: VIDEO SELECTION**

**PHASES THREE AND FOUR IN LAUSANNE: SELECTION (5 DAYS), FINALS (1 DAY), NETWORKING FORUM (A HALF DAY).**

### PHASE ONE – MEDICAL RECORD EVALUATION

Each candidate must submit her/his complete medical record before September 30<sup>th</sup>, 2018 by uploading them using the online registration form. **Medical records will only be accepted by upload.**

The medical record must contain all the elements requested below. The documents are available online on [www.prixdelausanne.org](http://www.prixdelausanne.org)

- Growth Diagram
- State of Health
- Eating Attitude Test

A head shot (no make-up) and a full body picture (with tights but barefoot) are to be joined to the medical record. Edited photographs are not allowed.

**Please make sure your doctor's contact details and official stamp is visible on the three above mentioned documents.**

**In case of any doubt regarding the general health or physical condition of a candidate before the video selection, the Prix de Lausanne's consulting physician has the authority to decide if the candidate can take part in the video selection or not.**

### PHASE TWO – VIDEO SELECTION

Each applicant must register online ([www.prixdelausanne.org](http://www.prixdelausanne.org)) and submit a digital video (only one candidate per video file) recording of himself/herself performing **class work and a contemporary enchainment or variation** in a studio environment.

The video file must contain all the elements mentioned below. The selection panel reserves the right to exclude a candidate whose video file content does not comply.

#### 1. Format

- Only video files will be accepted. If you cannot upload a video file please contact [registration@prixdelausanne.org](mailto:registration@prixdelausanne.org)
- The video file name must include the candidate's full name
- The candidate's name should not appear on the actual film footage as the selection panel will evaluate the candidates anonymously
- The quality of image and sound must be checked prior to uploading.
- The use of a tripod is strongly recommended to ensure a stable image.

- **The camera must be positioned at an angle that shows the dancer at his/her best. It is recommended to film the barre in a diagonal and the centre from the front. Please see the examples on the website.**
- The sound **must not be recorded separately** and edited into the video.
- No teacher's voice should be heard during the recording.
- Filming the dancer in front of a window during daytime hours must be avoided.
- Lights in the studio must be turned on fully.
- Filming must be achieved in one sitting and not over several days/weeks.

## 2. Video file contents

The video file must be about **15 minutes in duration** in order to provide adequate evidence of the applicant's artistic, musical and technical capabilities. It must show the full body throughout and **must** include the three following sequences. Please remember that dance is a form of expression, not just technique.

### 2.1. Barre work, not more than five minutes in length

**One side only** (the same side for the all of the barre work)

This section should start with warm up, barefoot, in first position, with the candidate's **back to the barre** to highlight the structure of the feet (please see the example on the website). After this, the barre should be completed in soft shoes.

In addition to the warm up, please show a barre consisting of pliés, tendus, adagio (including battements lents and/or développés), grands battements.

### 2.2. Centre practice

- Pirouette combination with pirouettes en-dehors and en-dedans (soft ballet shoes)
- Adagio (soft ballet shoes)
- Allegro combinations:
  - Small jumps and beats (soft ballet shoes)
  - Medium size allegro, including assemblés, jetés, sissonnes, etc. (soft ballet shoes)
  - Tours en l'air right and left (male candidates only)
- Pointe work (female candidates only) :
  - warm up échappés retirés, double pirouettes en-dehors and en-dedans on pointe
- Grand allegro – The running time of the enchainement should be 32 to maximum 64 bars (measures) length of music:
  - Female candidates must wear pointe shoes and must include a diagonal of turning steps within the enchainement.
  - Male candidates' enchainement must show cabrioles, entrechats six and double tours en l'air within the enchainement.

### 2.3. Contemporary enchainement or variation up to two minutes in length (**not** one of the contemporary variations of Prix de Lausanne competition) to show how the dancer moves within a vocabulary other than ballet.

Without this enchainement or variation the video file will not be considered.

Excerpts of live performances will **not** be accepted.

## 3. Clothing for the video selection

The dancer's clothing must contrast with the background. For example, no white leotard should be worn if filmed against a white background or a black leotard against a black background.

### 3.1 Barre work and centre practice

Male candidates: dark tights and a fitted plain t-shirt (any colour)

– no cut off tights, leg warmers or loose T-shirts

Female candidates: white or pink tights and a sleeveless plain leotard (any colour)

– no skirts, practice tutu, leg warmers or loose T-shirts

### 3.2 Contemporary enchainment or variation

Male and female candidates: barefoot, soft ballet slippers or in “Nu-pieds” (to protect the sole of the feet)

## 4. Registration deadlines

### 4.1. Registration for VIDEO selection

The medical documents **must be received** by the Prix de Lausanne before **September 30<sup>th</sup>, 2018**.

The entry documents and the payment of the first registration fee of 175 (one hundred and seventy-five) Swiss Francs **must be received** by the Prix de Lausanne before **September 30<sup>th</sup>, 2018**.

The video file **must be received** by the Prix de Lausanne before **October 21<sup>st</sup>, 2018**.

Any candidate whose medical documents, entry documents or video file are received after these dates will not be considered.

The selection panel will choose **up to eighty** candidates from the video applicants. The selection panel's decisions will be final. **Selected applicants will be notified by November 1<sup>st</sup>, 2018**. They will come to Lausanne to participate in the remainder of the competition (i.e. Phases Three and Four) **from Sunday February 3<sup>rd</sup> to Sunday morning February 10<sup>th</sup>, 2019**.

### 4.2. Registration for Phases Three and Four (Selection, Finals and Networking Forum)

Selected applicants' second set of entry documents and payment of the second registration fee of 175 (one hundred and seventy-five) Swiss Francs **must be received** by the Prix de Lausanne before **November 30<sup>th</sup>, 2018**.

## PHASE THREE – SELECTION

Participants must arrive at the Théâtre de Beaulieu, Lausanne, on **Sunday February 3<sup>rd</sup>, 2019** in the morning. Exact time will be communicated after the video selection.

### 1. Presentation to the competition jury over five days

Candidates will be divided into 4 groups, according to age and gender.

Junior candidates: born between February 10<sup>th</sup>, 2002 and February 9<sup>th</sup>, 2004

Senior candidates: born between February 9<sup>th</sup>, 2000 and February 9<sup>th</sup>, 2002

#### **Monday to Thursday**

The Jury will first observe and then mark the candidates in ballet and contemporary classes. An enchainment will be taught at the end of the last series of ballet classes and of the last series of contemporary classes.

### Friday

The Jury will mark candidates presenting their classical and contemporary variations in public, on stage.

At the conclusion the jury will deliberate over the results of the entire five days. A maximum of 20 candidates will be selected to go to the finals.

Candidates whose technical and/or physical level is considered insufficient by the jury can be asked to withdraw from the competition at any time.

## 2. Classes, coaching sessions, meetings

During the competition in Lausanne all candidates will be provided with

- a daily ballet class
- contemporary classes
- coaching for both their classical and contemporary variations

Candidates not selected for the finals will be provided with

- a one-on-one meeting with a member of the jury to receive feedback.
- a ballet class to allow attending Prix de Lausanne Partner School and Company directors to see them.
- a possible one-on-one meeting with Prix de Lausanne Partner School and Company directors or representatives interested in offering places to their school or company (parents and/or teachers are welcome to attend). These networking forum meetings are only organised by the Prix de Lausanne for its Partner Schools/Companies and the candidates.

Finalists who do not win a scholarship or an apprenticeship will be provided with

- a possible one-on-one meeting with Prix de Lausanne Partner School and Company directors or representatives interested in offering places to their school or company (parents and/or teachers are welcome to attend). The networking forum meetings are only organised by the Prix de Lausanne for its Partner Schools/Companies and the candidates.

## 3. Clothing during the competition in Lausanne

### Days I, II, III and IV (Monday, Tuesday, Wednesday, Thursday)

Ballet classes and coaching sessions:

- Female candidates: sleeveless leotard and pink tights, soft-shoes and pointe shoes (with ribbons) (no jewellery or hair decoration). Rehearsal tutus will be allowed for classical coaching and rehearsal. Skirts that are necessary for the choreography of the contemporary solos will be allowed for contemporary coaching and rehearsals. Numbers are to be worn on the front and the back of the body.
- Male candidates: plain tight-fitting white or colored T-shirt or white leotard and black tights, with **white** socks and **white** soft-shoes, Numbers are to be worn on the front and the back of the body. (Please see the example on the website.)

Contemporary dance classes and coaching sessions:

- Female candidates: **Full length black footless tights**, leotard. “Nu-pieds” (to protect the soles of the feet) are optional but not required. Soft ballet shoes or socks might be needed. **Hairstyle:** Chignon or pony tail. No jewellery or hair decorations. Numbers are to be worn on the front and the back of the body.
- Male candidates: **Full length black footless tights**, plain tight-fitting T-shirt, “Nu-pieds” (to protect the soles of the feet) are optional but not required. Soft ballet shoes or socks might be needed. Numbers are to be worn on the front and the back of the body.  
**It is advisable to loosely sew on your numbers for contemporary classes to prevent injury from pins if you are required to roll on the floor.**

### Day V and Finals (Friday, Saturday)

Classical variation: costume of the candidate’s choice. A simple costume, appropriate for the variation, is recommended. Candidates are evaluated on their potential, not on their costumes.

Costumes for the contemporary variations must be similar to the ones worn by the dancers on the Prix de Lausanne 2019 official contemporary variations videos.

## PHASE FOUR – FINALS

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### Saturday

The Jury will mark finalists presenting their classical and contemporary variations in public, on stage. At the conclusion of the jury deliberations, Prix de Lausanne winners will be selected.

## VARIATIONS

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Prior to participating in the competition week in Lausanne, candidates who have passed the video selection round must prepare two solos: a Classical Variation (different variations for different age groups) and a Contemporary variation.

The variations will be released on the Prix de Lausanne website at the same time as the video selection results, by **November 1<sup>st</sup>, 2018**. The music files for the classical variations will be available for download on the Prix de Lausanne website. No other music will be allowed.

### 1. Classical Variation

#### A. Junior candidates

**Candidates born between February 10<sup>th</sup> 2002, and February 9<sup>th</sup> 2004 will be required to prepare one of the announced classical variations for the Junior category, selecting the version of their choice.** To ensure technical and stylistic appropriateness, candidates are encouraged to select a version performed by an internationally recognized ballet company.

#### B. Senior candidates

**Candidates born between February 9<sup>th</sup> 2000 and February 9<sup>th</sup> 2002 will be required to prepare one of the announced classical variations for the Senior category, selecting the version of their choice.** To ensure technical and stylistic appropriateness, candidates are encouraged to select a version performed by an internationally recognized ballet company.

## **2. Contemporary Variation**

Candidates will be required to prepare one of the announced contemporary ballet variations.

Candidates must present versions as demonstrated on the official video file of the competition, using the official music file of the competition. It is not permissible to adjust any of the choreography.

***This document is an integral part of the Rules and Regulations***